## Mrs. Manning's Daily Well-being Activity and Prayer

Well-being Activity



Dress up as an alien. Use anything you have in the house, clothes, blankets, hats, boxes etc. Make some alien eyes from an egg box. Cut the box so that you have three of the little cup parts and decorate them how you like to look like 3 eyes. Then thread with string or elastic so that you can wear them. Take a photo and send it to school – we will see if we can guess who you are!

## **Prayer**



God in heaven, hear my prayer,

Keep me in thy loving care.

Be my guide in all I do,

Bless all those who love me too.

Amen