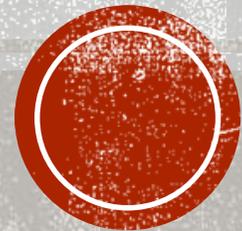


# **TOP SECRET!!**

Preparing for Father's Day 2020. Dads... **STRICTLY NO PEEKING!!**



# CARD IDEA 1...



## You will need:

- **Card** – to make your card from
- **Coloured card, paper or foam sheets** to make the rosette
- **Stickers, stars or other craft materials** such as pre-cut letters or ribbons to decorate the card
- **Glue / scissors / pens / pencils**

1. **Carefully fold your card in half** – make sure it is the right way around for opening!
2. **Draw 2 circle shapes on the coloured card, paper or foam** (or use white card and colour it in!) – one circle must be smaller than the other – like the blue and red parts of the image.
3. **On the smaller circle, write or stick the phrase 'No. 1 Dad'.**
4. **Around the bigger circle, cut out little zig-zag, triangles to make the jagged edge or the rosette.**
5. **Cut out 2 ribbons** ( either card, paper or real ribbon if you have it) and place these and the 2 circles in position on your card.
6. **Once you have worked out how they fit, glue them in place.**

**For younger children, perhaps Mums could help? 😊**



# CARD IDEA 2...



## You will need:

- A4 card (for the card)
- A4 paper or card – skin tone or coloured / painted both sides to make a skin colour
- Glue / Scissors / pens +/- pencils

1. Fold your card neatly in half
2. Take your sheet of skin coloured card or paper – draw around your open hand (include your wrist)
3. Carefully cut out your hand outline
4. Write your message inside the card – make sure it opens the right way!
5. Stick your hand onto the front of the card (make sure the hand overlaps – like the image) and write the 'Thumbs up... heading)
6. Carefully bend the fingers back (this is why both sides of the paper need to be skin coloured) and stick the fingertips in place.



# ACTIVITIES

# YOU COULD DO WITH DAD...



Plan a family game night – he can choose - It could even be an online game



Pitch a tent in your backyard / Go Backyard Glamping



Set Up a Tiki Bar, with fruit cocktails and decorations, or send a recipe



Host a movie night, showing a favourite film – get popcorn!



Reminisce an Iconic Sports Moment he remembers or talks about - watch it online or send him the links for one you've researched



Play a Few Old-School Outdoor Games such as Frisbee or cricket



Learn something new (or plan to) together: eg plant some seeds, or make something, like a bird box



# A SPECIAL TREAT...

<https://www.bbcgoodfood.com/recipes/microwave-mug-cake>

4 tbsp self-raising flour  
4 tbsp caster sugar  
2 tbsp cocoa powder  
1 medium egg  
3 tbsp milk  
3 tbsp veg or sunflower oil  
a few drops of vanilla essence  
(or another preferred flavouring)  
2 tbsp chocolate chips, nuts, or raisins etc (optional)



Add 4 tbsp self-raising flour, 4 tbsp caster sugar and 2 tbsp cocoa powder to the largest mug you have (to stop it overflowing in the microwave) and mix.

Add 1 medium egg and mix in as much as you can, but don't worry if there's still dry mix left.

Add the 3 tbsp milk, 3 tbsp vegetable or sunflower oil and a few drops of vanilla essence and mix until smooth, before adding 2 tbsp chocolate chips, nuts, or raisins, if using, and mix again.

Centre your mug in the middle of the microwave oven and cook on High for 1½ -2 mins, or until it has stopped rising and is firm to the touch.

<https://www.youtube.com/watch?v=8MscAxRx6Zo>

This video link also has **LOADS** of different types of mug-cakes, for different dietary needs and preferred flavours! There's sure to be one that takes Dad's fancy!

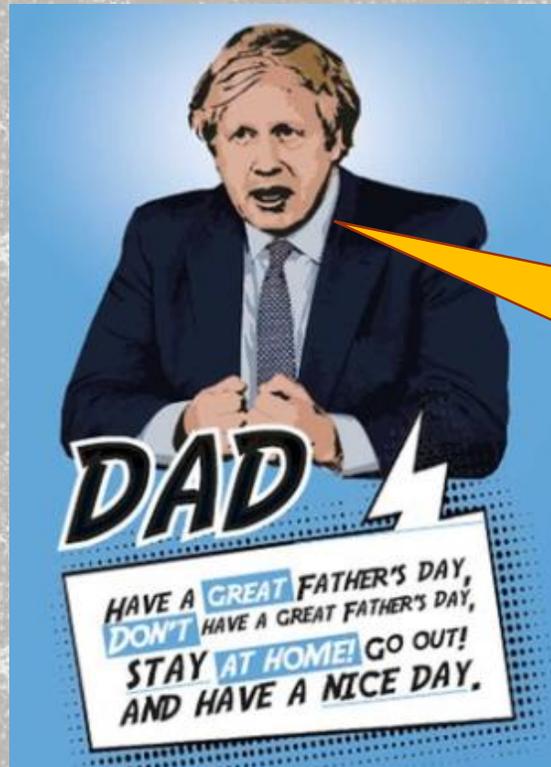


# SOMETHING DIFFERENT... TO KEEP HIM ENTERTAINED!

It was all to say  
on Father's Day  
My love for you is strong

<https://www.youtube.com/watch?v=HX9QEHv2HMc>

The link above is to a funny song about being 'helpful' on fathers day – perhaps you could sing along to it, (or record and send it if Dad doesn't live with you.) Enjoy it together!



MUM: "How do I look?" DAD: "With your eyes."

There once was a father named Fred  
Who had little hair on his head  
But he opened tight lids  
And loved all his kids  
And tucked them each night in their beds.

*Remember to tell him, 'It takes a legend to raise one'!*

"My Dad thinks he wears the trousers in our house, but it's always Mum who tells him which pair to put on!"

DAD JOKE  
LOADING ...

"Daddy, Daddy, can I have another glass of water please?"  
"But I've given you 10 glasses of water already!"  
"Yes, but the bedroom is still on fire!"

**WHY DID THE SCARECROW WIN AN AWARD? BECAUSE HE WAS OUTSTANDING IN HIS FIELD!**

#DADJOKES

Dad, why can't you hear a pterodactyl go to the bathroom?  
Dad: Because the pee is silent.

