



*It's all
about me!*

Bournebrook home-learning

Week beginning 6th July

Here is your suggested timetable for the week

Monday	Tuesday	Wednesday	Thursday	Friday
Maths	Maths	Maths	Maths	Maths
English	English	English	English	English
Reading	Reading	Reading	Reading	Reading
Spelling	Spelling	Spelling	Spelling	Spelling
Choice activity – 'The Wider World'	Choice activity – 'Creativity'	Choice activity – 'Time travelling'	Choice activity – 'Science and Technology'	Choice activity – 'Awe and Wonder'

The 'Choice' activities give 4 tasks - you should aim to complete **at least 1** from each page - but you could do more if you'd like. Check them all out before you decide. If you are coming into school as a Key Worker family, please stick to the timetable above - this will avoid repeating tasks when you are in school.

In normal life, we take journeys we are so used to, we probably don't even think about how we manage to get from A to B. Imagine the journey you would normally take to school, or perhaps a walk you have taken during lockdown.

Draw a map of your route, adding in key 'landmarks' and features such as churches, or farms, shops or road junctions. Create your own **SYMBOLS** for these.

When you have completed your map, write out the instructions for your route: use direction words - left, right, turn, take etc.

Could you take your map and test it out, to see how accurate it was?



Think of the best holiday you have ever had. Where was it, where did you stay, what was there, what did you do?

Create a **travel blog** (a sort of online travel diary) for this place, one that encourages others to visit. Include the most important things which made it a great holiday, include images (possibly photographs) and say why you would recommend it.

Research travel blogs to see what they look like. This one will give you some ideas of what to include / how to set one out:

<https://travelforkids.com/Funtodo/England/england.htm>



Find out where your family has travelled to - you may need to ask lots of questions.

- What's the furthest away from home anyone has been?
- How many different countries in Europe have your family been to?
- How many different continents have they visited?
- What's the hottest / coldest place they've experienced?
- What's the highest point / lowest point they have travelled to?
- Do they have any stamps in their passports - from where?

Find these things out, then list them as **Questions + Answers** or print off the next slide and mark on this. Add more ideas if you can.

Wider world activities



Create a map of your life's journey so far.

Start from your birth, adding details such as where / when you were born, your first home, brothers or sister you had etc. Then move to the next key event and add this - such as the birth of a sibling or starting to walk etc.



I wonder how many wonderful events you can add to your life's journey so far. Could you think of 10, 15 or even 20? Be as creative as you like.

Map of the World



“Learn the rules like a pro, so you can break them like an artist” – Pablo Picasso

<https://www.artycraftykids.com/art/picasso-faces-easy-art-for-kids/>

· Find out about the artist Pablo Picasso, then follow the step by step tutorial on how to draw abstract faces in the style of Picasso – the face elements are on the next slide



Draw a self portrait. Add some description about yourself underneath; use the suggestions below to get you started

My hair: _____	My other features: _____
_____	_____
_____	_____
My eyes: _____	_____
_____	_____
_____	_____

Creative activities



Kings and Queens: A Family tree

<https://www.npg.org.uk/collections/explore/kings-and-queens-a-family-tree>

The link above takes you to the national Portrait Gallery. On their 'learning' pages there are several great activities to choose from, including packs you can download. However, the link above encourages you to find out about the family tree of the Kings and Queens of England, from 871 to the present day.

Click on the + at the end of each period of history. This takes you to a family tree for each era – click on the names and you can see the portraits of those kings and queens.

Have fun exploring the NP Gallery's website – it's full of great art!

What's the most creative way you could illustrate your name? Your parents probably spent a long time deciding what name to give you – celebrate it!





Use these face elements to get you started. Once you've got the idea, perhaps you could create your own set of face shapes, eyes, mouths and noses. I wonder how many different Picasso style faces you could come up with using a sheet like this? Don't forget to add colour - colour was incredibly important to Picasso.



It's probably a little strange to think that the current lockdown has been caused by a virus which will be remembered and learnt about as a part of world history in the future.

Design a 'Memory Jar' – either on paper or actually make one, and add into it important details you'd like to share with your future loved ones about this time.

Include: Who you shared lockdown with, how you lived at this time, your funniest and most worrying moments and perhaps something you've learnt. List the changes you have seen and how they affected you – add anything you think will be important to tell younger members of you family about your own lockdown experience – in 50+ years time.



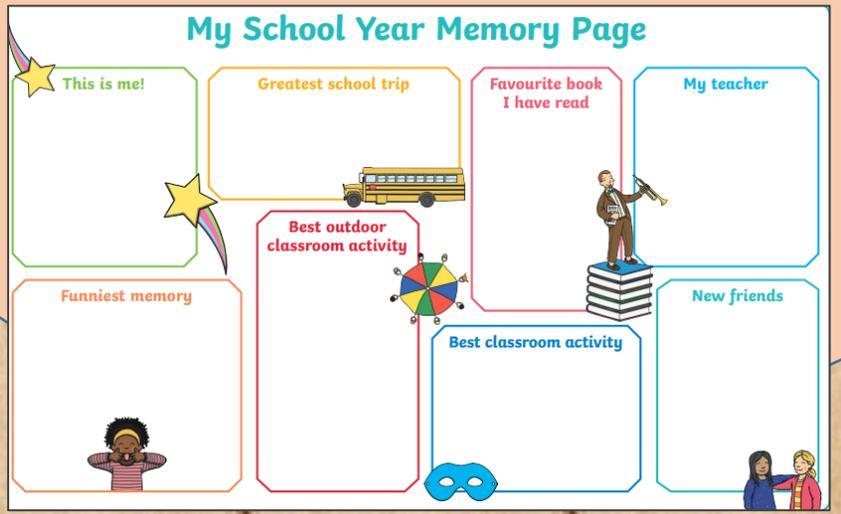
A family tree is a visual way of recording some of the history of your family, going back from one generation to the next.

You start with yourself (and brothers and sisters) then go to your parents and their siblings, then their parents and siblings and so on.

See if you can **create your own family tree** – talk to relatives, look at photos etc. Add relations names and draw them if you can, to create a record of your family's history.

What a strange year in school - so you don't forget, create your own school year poster - this may give some ideas on what you could include.

Time travelling activities



A **crystal ball** is a glass sphere which it is said can help you look into the future – we see them in films, such as 'Harry Potter and the Prisoner of Azkaban' and 'BIG' – they're a great way to build a storyline.

I wonder what you'd see if they did work?

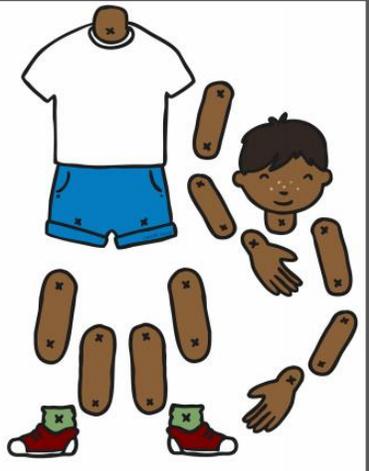
Draw a crystal ball – and in it show what you hope you will do /where you might go / what you hope to achieve by the time you are 25 years old – what would your 'prediction' be for your future self?

Make your own moving split-pin body.

You will need to draw your head, body arms and legs in separate parts (or find a printable outline online – this example came from Twinkl: <https://www.twinkl.co.uk/resource/t-t-2079-split-pin-bodies>).

If you haven't got split pins, sew 2 buttons either side of the joints or use blu-tac perhaps? Can you make your 'body' look like its running / swimming / jumping etc?

Take pictures to show this 😊



<https://www.bbc.co.uk/bitesize/topics/zrffr82>

Keeping ourselves safe and healthy is really important – our bodies are a complex machine which needs looking after if we don't want it to break down (and sadly they do, from time to time)

Go to this BBC Bitesize page and learn about healthy eating, then take a look at the other links about medicines and healthy lifestyles – I wonder what new things will you learn?



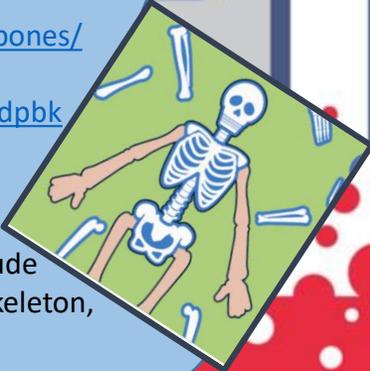
Science and technology activities

Funnybones!

- 1) <https://www.dkfindout.com/uk/human-body/skeleton-and-bones/>
- 2) <https://www.bbc.co.uk/bitesize/topics/z9339j6/articles/zqfdpbk>
- 3) <https://www.youtube.com/watch?v=ywDOiNEdJVc>

Use these links to learn about the human skeleton – some include reading, videos and games. Where you have learnt about the skeleton, try

→ <https://www.dairy.edu.au/build-a-skeleton> - this will test what you've learnt!



Make a self-portrait pizza – using the recipe here or another 'healthier' one you may have

Ingredients	Method
<p>For the base:</p> <ul style="list-style-type: none">• 200g plain flour• 250ml warm water• 1 tsp dried yeast <p>(Alternatively, use shop-bought pizza bases, large or small.)</p> <p>For the base topping:</p> <ul style="list-style-type: none">• Tomato puree or pizza sauce• Sprinkling of herbs such as oregano (optional)• Grated cheese <p>Toppings for the facial features:</p> <p>Sliced peppers, tomatoes, olives, ham or bacon pieces, pineapple, mushrooms, sweetcorn, baked beans, pepperoni, courgette, aubergine.</p> <p>(Various different toppings can be used to create a variety of unique faces – be creative!)</p> <p>Equipment</p> <p>Baking trays, bowl, teaspoon, wooden spoon, knife, grater.</p>	<p>Method</p> <ol style="list-style-type: none">1. Preheat your oven to 180°C/gas mark 4. <p>To make the dough:</p> <ol style="list-style-type: none">2. Mix together the yeast and water.3. Let the mixture rest in a warm place for approximately 8–10 minutes (or follow the instructions given on the yeast packet).4. After this time, mix in the flour and knead the mixture until it forms a firm dough.5. Sprinkle a clean surface with flour.6. Roll the dough out into a large circle or divide the mixture into 3–4 smaller balls and roll into mini pizza bases.7. Bake the dough for approximately 4–7 minutes (depending on the size of your bases). <p>For the topping:</p> <ol style="list-style-type: none">8. Spread your tomato puree or pizza sauce onto the cooked bases.9. Sprinkle the grated cheese on top.10. Now, be creative by using a range of toppings to create your unique pizza faces!11. Put the finished pizza(s) back in the oven for 5–10 minutes.12. Enjoy eating your deliciously unique fun pizza faces!

Lockdown may have been difficult at times and we might have focused on the negatives rather than the positives occasionally – but at the same time there are also be many things we should be thankful for, things that lockdown may have offered us or made us appreciate more which we weren't expecting.

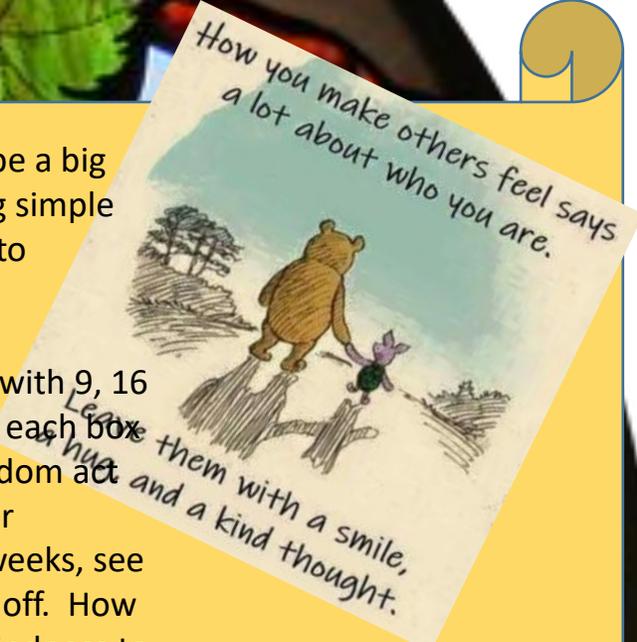
Create a dove mobile (a symbol of The Holy Spirit) and hang from it, all of the things we should give thanks for.

[This example has been made from a paper plate – but I'm sure you can come up with something equally beautiful and creative.]



Being kind doesn't have to be a big deal – it could be something simple like a smile or a thumbs-up to someone who needs it.

Create a kindness calendar, with 9, 16 or 25 boxes in your book. In each box write down and draw a 'random act of kindness' you could do for someone. In the following weeks, see how many you can do / tick off. How many times can you show kindness to another.



Awe and Wonder activities

You are a terrific person!

On the next slide are some balloons with the start of some sentences for you to finish off.

It is important to recognise and celebrate these qualities in yourself – as they are what make you who you are 😊

Draw and decorate your own balloons, and know that you are amazing!



https://www.youtube.com/watch?v=Bk_qU7l-fcU

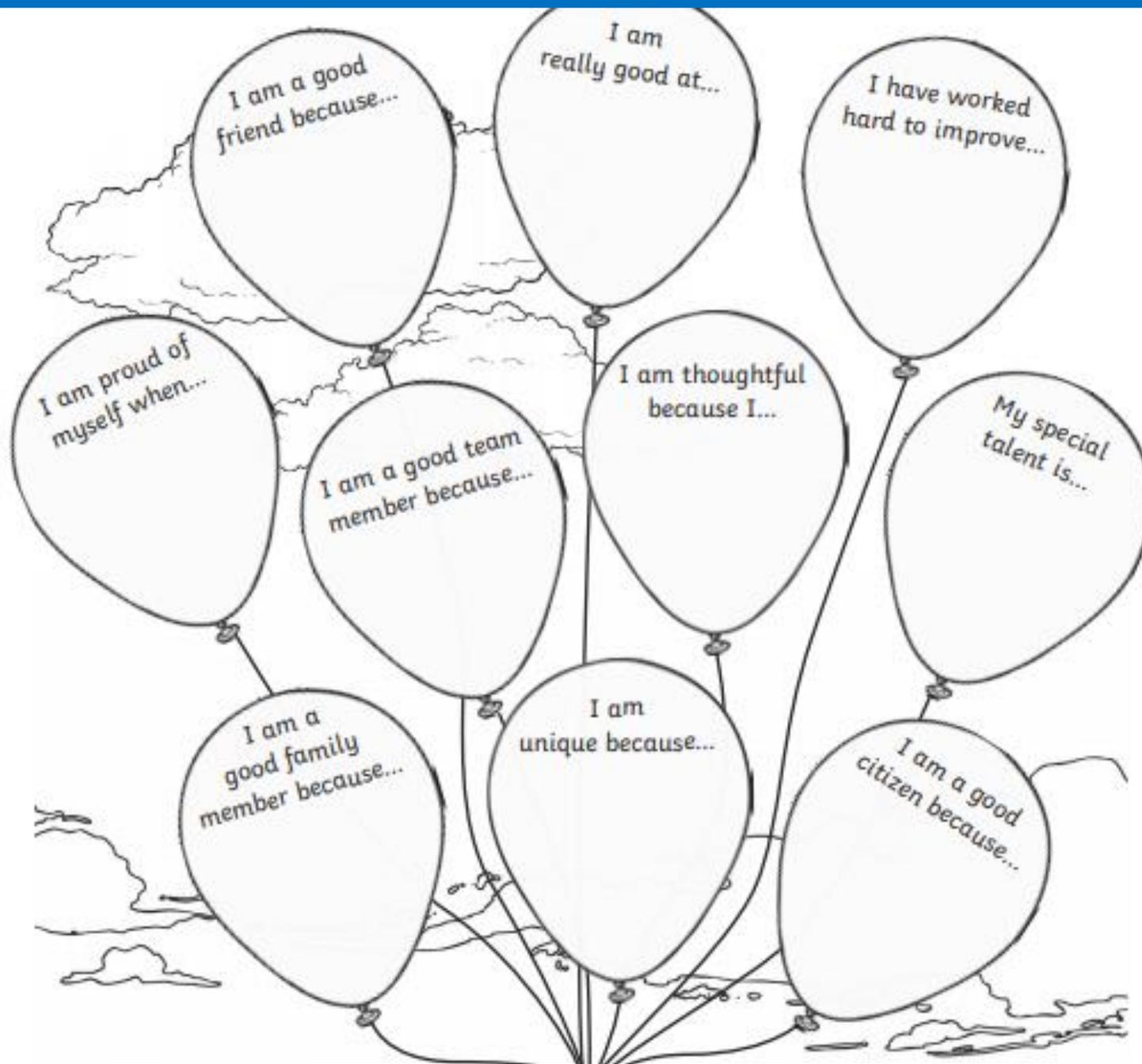
Mindfulness Meditation for Kids

- BREATHING EXERCISE -



This was suggested two weeks ago – if you didn't try it then, try it now.

Challenge yourself to create a different design for each balloon



Set your balloons into a scene – where will they take you?



Bournebrook

Church of England Primary School

ChildLine

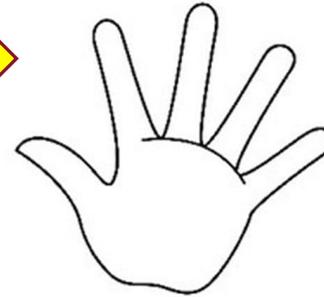
0800 1111



- Remember to **talk to someone on your Network Hand** if you are worried about something
- If nobody is listening to your worries or there is nobody to talk to, you can call **Childline** on **08001111** - adults at Childline are used to talking to children with worries and can help you.



5 fingers of safety



If you feel unsafe at home or are worried that a friend is not safe, call Mrs Patchett on 07787261064.