

A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.

All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.

educaterers®



# Weekly Menu

E03 E38 CHOICE / JKT  
September 2024

## Week one

Warwickshire, Coventry: 16/9, 7/10, 18/11, 9/12, 13/1/25, 3/2, 3/3, 24/3  
Oxfordshire: 16/9, 7/10, 18/11, 9/12, 13/1/25, 3/2, 3/3, 24/3

### MONDAY

Choose a main meal...

Pork Meatballs in Tomato Sauce with Noodles (G.SB.SU.E)

(vg) Breaded Vegetable Fingers with Herby Diced Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(vg) (h) Lemon Shortbread (G)  
(v) Cheese Crackers and Apple Wedge (G.D)  
Fresh Fruit

### TUESDAY

Choose a main meal...

(h) Chicken and Country Vegetable Pie with Potato Wedges (G)

(v) Cheese and Tomato Pizza Wedge with Potato Wedges (G.D)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(vg) (h) Chocolate Cracknel (G)  
(v) Yoghurt (D) or Fresh Fruit

### WEDNESDAY

Choose a main meal... WEDNESDAY ROAST

British Roast Beef, with Traditional Yorkshire Pudding and Gravy (D.E.G)

(vg) Quorn Roast in Gravy with (v) Yorkshire Pudding (D.E.G)  
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v)(h) Syrup Sponge with Custard (D.G.E.SB)  
(v) Ice Cream (D)  
Fresh Fruit

### THURSDAY

Choose a main meal...

Chicken Fillet Wrap and Sweetcorn Salsa Dip with Diced Potatoes (G)

(v)(h) Mac 'n' cheese with Freshly Baked Crusty Bread (D.G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(vg) Toffee Apple Donut (G.D.E.SB)  
(v) Yoghurt (D) or Fresh Fruit

### FRIDAY

Choose a main meal... FISHY FRIDAY

(msc) Battered Fish Fillet (G.F) with Chipped Potatoes

(vg) Vegetarian Hotdog with Chipped Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Peas or Baked Beans

For dessert...

(vg) Jelly with Fruit  
(vg) (h) Crunch Cookie (G)  
(v) Yoghurt (D) or Fresh Fruit

## Week two

Warwickshire, Coventry: 2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 20/1/25, 10/2, 10/3, 31/3  
Oxfordshire: 2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 20/1/25, 10/2, 10/3, 31/3

### MONDAY

Choose a main meal...

British Pork Sausages with Gravy & Mashed Potatoes (G.SU)

(v)(h) Cheese and Potato Pie served with Vegetables of the day (D.E)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(vg)(h) Flapjack  
(v) Yoghurt (D) or Fresh Fruit

### TUESDAY

Choose a main meal...

(h) British Beef Bolognese with Garlic Bread (G/ cheese D)

(vg) Veggie Plant burger in a High Fibre Bun with Crispy Diced Potatoes (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v) Strawberry Whip with Fruit (D)  
(v) Cheese Crackers and Apple Wedge (G.D)  
Fresh Fruit

### WEDNESDAY

Choose a main meal... WEDNESDAY ROAST

British Roast Chicken Fillet, Sage and Onion Stuffing and Gravy (G)

(vg) Quorn Roast in Gravy with Sage and Onion Stuffing (G)  
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v)(h) Apple and Pear Crumble with Custard (G.D)  
(v) Ice Cream (D)  
Fresh Fruit

### THURSDAY

Choose a main meal...

(h) Italian Chicken Pasta (chicken and pasta in a tomato sauce) with Freshly Baked Wholegrain Baguette (G)

(vg) Veggie Sausage with Herby Diced Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(vg)(h) Up Beet Chocolate Cake (G.E.SB)  
(v) Yoghurt (D) or Fresh Fruit

### FRIDAY

Choose a main meal... FISHY FRIDAY

(msc) Salmon Fish Cake with Chipped Potatoes (G.F)

(v)(h) Rustic Pizza Wedge with Chipped Potatoes (G.D)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Peas or Baked Beans

For dessert...

(vg)(h) Ginger Cookie (G)  
(vg) Jelly with Fruit  
(v) Yoghurt (D) or Fresh Fruit

## Week three

Warwickshire, Coventry: 9/9, 30/9, 21/10, 11/11, 2/12, 6/1/25, 27/1, 24/2, 17/3, 7/4  
Oxfordshire: 9/9, 30/9, 21/10, 11/11, 2/12, 6/1/25, 27/1, 24/2, 17/3, 7/4

### MONDAY

Choose a main meal...

Southern Style Chicken Strips in a Wrap with Potato Wedges (G)

(v)(h) Cheese and Baked Bean Pasty with Potato Wedges (G.D)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(vg)(h) Chocolate Orange Cookie with Orange Wedges (G)  
(v) Yoghurt (D) or Fresh Fruit

### TUESDAY

Choose a main meal...

Beef Burger in a High Fibre Bun with Crispy Diced Potatoes (G.SB.C)

(h)(v) Cheesy Tomato Pasta Bake with Freshly Baked Wholegrain Baguette (D.G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(vg) (h) Shortbread (G)  
(v) Cheese Crackers and Apple Wedge (G.D)  
Fresh Fruit

### WEDNESDAY

Choose a main meal... WEDNESDAY ROAST

British Roast Pork Loin, Apple Sauce and Gravy

(vg) Quorn Roast with Gravy (G)  
Crispy Roast Potatoes

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v)(h) Apple and Cinnamon Charlotte with Custard (G.SU.D)  
(v) Strawberry Swirl Mousse (D)  
Fresh Fruit

### THURSDAY

Choose a main meal...

(h) Sweet 'n' Sour Chicken with Noodles

(vg) Veggie Nuggets with Seasoned Wedges (G)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Vegetables of the Day

For dessert...

(v) Pancakes with Fruit (G.D.E)  
(v) Yoghurt (D) or Fresh Fruit

### FRIDAY

Choose a main meal... FISHY FRIDAY

(msc) Fish Fillet Fingers (G.F) with Chipped Potatoes

(v) Plantball Melt with Chipped Potatoes plantballs in a finger roll topped with rustic tomato sauce and grated cheese (G.D)

Jacket Potato – (v) Cheese (D), Tuna (F.E) or (v) Baked Beans

On the side...

Fresh Salad Bar  
Peas or Baked Beans

For dessert...

(v)(h) 'School Favourite' Sprinkles Sponge Cake (G.E.SB)  
(v) Yoghurt (D) Fresh Fruit

Fruit Cordial or Fruity Water from the Hydration Station, Semi Skimmed Milk & Fresh Bread are also offered daily

Vegetable accompaniments change to reflect seasonal availability.

ALLERGEN KEY

Vg = Vegan  
V = Vegetarian  
H = Homemade

G = Gluten / Wheat  
C = Celery  
S = Sesame

F = Fish  
M = Mustard  
SU = Sulphites

D = Dairy  
E = Egg  
SB = Soya



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### Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.